



FISHERS HEALTH DEPARTMENT

 fishers.in.us/HealthDepartment

 (317)567.5045

Stigma Free Fishers, the city's mental health initiative, encourages positively addressing mental health and wellness through three main components - CredibleMind, a Mental Health Toolkit and Club Hub.

CredibleMind is a free and confidential, online platform with access to thousands of evidence-based resources available 24/7. Combining scientifically validated assessments, expert-written articles, and thousands of resources including videos, apps, podcasts and books, users will find information to help them make positive improvements to their mental health and wellbeing.

The Mental Health toolkit, also available in digital format, provides additional resources from Mental Health America and the American Academy of Psychiatric Medicine. We've also included a mental health guide, specifically for employers to help support their employees' mental health.

Club Hub was designed to encourage a culture of community and connect local businesses with residents by offering a free, welcoming location, to host meetings for their social clubs, civic groups, and nonprofits – which in turn allows businesses the opportunity to get in front of new customers or increase traffic during non-peak hours.

The Fishers Health Department is committed to ensuring residents know how to care for their mental health and where to access more resources. For more information, please contact JJ Sharp Sharpj@fishers.in.us.

Thank you for supporting the wellbeing of our community!

City of Fishers and
Fishers Health Department
